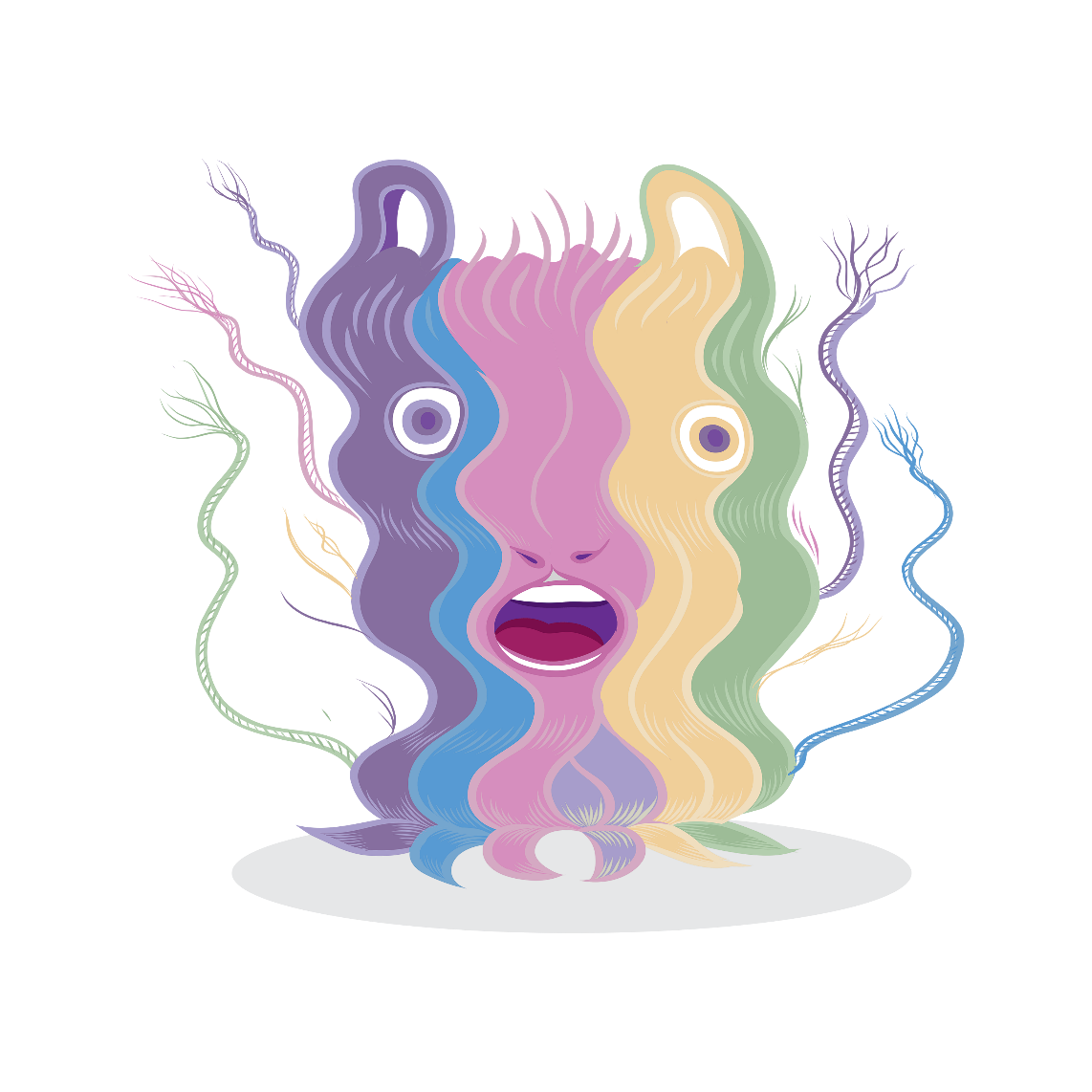
Fleece Fact sheet



Fleece can be a microscopic pollutant the is shed from polyester clothing and other garments, a jacket can shed small microscopic pollutant every time it is washed. These microscopic fibres enter waterways and can be digested by animals and organisms. There has been studies that suggest that microfibres like fleece are being consumed by humans as they enter the food chain via seafood and other food stuffs. The long term impact of human consumption of microplastics is unknow at this stage.

Buying natural fibre cloths or washing with adequate filtration is one way of helping to reduce this problem.

<https://www.npr.org/sections/thesalt/2017/02/06/511843443/are-we-eating-our-fleece-jackets-microfibers-are-migrating-into-field-and-food>